



Walking Week Programme

6th - 14th September 2025



Day / date	Walk No.	Time	Brief walk details.	Miles	Grade	Contact email
Saturday 6th Sept.	1	10am	This short 4 mile walk is a lovely walk taking in the beautiful countryside surrounding Dyffryn and marvelling at a Neolithic Burial Chamber enroute.	4	2	fitzpatrickgwenda@gmail.com
Saturday 6th Sept.	2	2pm	A circular walk of about 6 miles with 620 feet of ascent from Cowbridge to Penllyn and back over footpaths, a few stiles and some roads.	6	2	judann62@btinternet.com
Sunday 7th Sept.	3	10am	A walk through the countryside with a climb to reach the summit of the Skirrid and its scenic views.	8.5	3	sugreenland@hotmail.com
Sunday 7th Sept.	4	10am	Walking west out of Llantwit Major enjoying the sea views before going inland and enjoying the historical side of the town.	4.5	2	fitzpatrickgwenda@gmail.com
Monday 8th Sept.	5	10am	We will catch the bus from Llantwit Major to St.Brides then walk back along the spectacular Heritage Coast.	11	2 / 3	cpwestoby@yahoo.co.uk
Monday 8th Sept.	6	10am	This circular walk starts in Aberthaw heading for Fonmon Castle and Llancadle before returning via Gileston Beach and the Lime Kilns.	6	2	chrisgood3@btopenworld.com
Tuesday 9th Sept.	7	10am	Our walk is a circular route taking us east and west of the M4 through both suburban and green areas. We will pause at a few areas of historical note on the way.	8.5	2	ms.meala@gmail.com
Tuesday 9th Sept.	8	2pm	A leisurely walk through Porthceri park to the Knap, returning along the coast path to Cwm Ciddy Lane.	6	2	semapstone@hotmail.com

Wednesday 10th Sept.	9	10am	Circular walk from West Farm via Heol y Mynydd, back to Ogmore by Sea. Returning along Ogmore river and coastal path.	4	2	phil.tandy@gmail.com
Wednesday 10th Sept.	10	10am	Following a stream and small lake we climb steadily to Twmbarlwm with its Iron Age fort and glimpses of the Bristol Channel. The path continues across open farm land, through woodland, following streams at times.	12	2 / 3	kimjenks@fastmail.fm
Thursday 11th Sept.	11	10am	The walk covers part of the Penrhys Pilgrimage route. Woodland, open fields towards Pentyrch and railway history in Creigiau.	5	2	helenlosty@btinternet.com
Thursday 11th Sept.	12	2pm	This circular walk is along lanes and fields, with mostly gates but some stiles.	5	2	ruthcurle@gmail.com
Friday 12th Sept.	13	10am	The walk will proceed from the Downs, St Nicholas through fields to St. Mary's Church in Wenvoe and on to St. Lythan's Church before returning to the start.	5	2	jean.m.bispham@gmail.com
Friday 12th Sept.	14	2pm	Visit to Llancarfan Church with a local guide, followed by a circular walk.	4	2	chrisking999@aol.com
Saturday 13th Sept.	15	10am	Circular walk from Llantwit to the coastal path with no stiles on good paths and lovely views across the Bristol Channel.	5	2	ruthcurle@gmail.com
Sunday 14th Sept.	16	10am	Setting off from Rhossili heading inland to Pitton and Paviland Manor to Port Eynon. Returning back on the beautiful scenic, coastal path to Rhossili.	10	2 / 3	jeffrey.roberts10@btinternet.com
Sunday 14th Sept.	17	10am	Cowbridge to Aberthin and over Stalling Down to St. Hilary and back via Llanblethian.	4	2	ianfraser17@gmail.com