

Walk briefings

A walk briefing is your introduction to the walking group about your planned walk. It's your opportunity to welcome the group (particularly new walkers) and provide more details about the route ahead.

- ♦ **Say hello and introduce yourself** - be welcoming and friendly especially to any new walkers.
- ♦ **Take a register of the group if you usually do one.** If this isn't possible then make sure you count your walkers at the beginning and end of the walk.
- ♦ This is also a good chance to **ask people to fill out in case of emergency (ICE) information.** It might be a good idea to bring along some spare pens for this. If anyone has any medical issues they want you to be aware of you can ask them to let you know in confidence.
- ♦ **Introduce your walk** – what sort of walk is it? How long? Walkers might want to know about rest stops, facilities on the way and places of interest.
- ♦ **Advise of any hazards** that you're expecting along the way such as road crossings etc. and how you will manage these.
- ♦ A briefing is a good chance to see **if you have anyone in the group who is first aid or medically trained** that could help in case of an emergency before you set off.
- ♦ It's also useful to see **who else might be an experienced walk leader** and **organise a backmarker and or middle marker** if needed.

Watch our video on how to carry out a walk briefing [here](#).