



RAMBLERS

Southampton

Newsletter for July - September 2025

May's Skittle Evening

The skittles evening held at The Ship Inn, Redbridge, in May was a great success. 31 members turned up for a friendly, sociable evening, and enjoyable supper. Thanks to Kim for organising.

ICE cards (In case of emergency)

Ramblers has produced a new version of this card in the shape and size of a credit card (see illustration below). It has spaces for the contact details of the person who should be contacted if a walker suffers illness or injury during a walk. The card might be kept in an easily accessible pocket of a rucksack. The relevant information can be fitted into the spaces using a fine tip Sharpie pen or similar. The group has obtained a supply of the cards and Alan F is arranging distribution.

In Case of Emergency (ICE) Card	Emergency Contact
Name: <input type="text"/>	Name: <input type="text"/>
Phone Number: <input type="text"/>	Phone Number: <input type="text"/>
Medical conditions/allergies/medication: <input type="text"/>	Relationship: <input type="text"/>
	<small>This card is for emergency information purposes only. By attending the walk, the walker declares themselves fit for the activity and agrees they will act responsibly on the walk.</small>

New Walk leaders

Two new walk leaders have recently completed the online training and joined our team of volunteers. We welcome Martin, who led his first walk at the end of May and Gill, who is leading in the new programme - also Richard, who led for us in June.

We are always very grateful for new leaders; please talk to a committee member or existing leader if you would like to help.

Walking tour of Southampton's medieval vaults and walls

Kim, the Social Secretary, is a qualified Green Badge tourist guide and has offered to lead a guided tour of the Medieval vaults and walls for the Group. This is exclusively for Southampton Ramblers and will include access to more of the vaults than are usually accessible on public tours. The tour will last 90 - 120 mins. This will be an evening walk on Thursday August 7th, starting at 6.30pm and finishing near a hostelry for anyone wishing to socialise afterwards. The cost will be £10 per person. A booking form is in this newsletter.

September coach trip to Stourhead

The September coach trip will be to Stourhead on Sunday Sept 14th. As well as the Palladian House and famous and extensive landscape gardens – all managed by National Trust – there are many local walks available of varying lengths. There are the usual excellent refreshment facilities associated with NT properties, and nearby is The Spread Eagle Inn. Much more information can be found at the following webpage

<https://www.nationaltrust.org.uk/visit/wiltshire/stourhead>

Pick up points will be at Bitterne, Central Station and Totton. The cost will be £20 per person and a booking form is in this newsletter.

Organised walks/activities on the day:

- 1) John R will lead a leisurely walk (approx. 2 miles) around the National Trust landscape garden and its architectural features. The walk involves one steep climb (optional). The walk will last approx. 2 hours, which will allow time for a visit to the house in the afternoon; the house closes at 4pm. Admission to house and garden is free for National Trust members. For non-members, a combined ticket costs £22 – there appears to be no separate ticket for just the house or just the garden.
- 2) An all-day circular walk of 11 or 12 miles, starting from NT Stourhead and with a lunch stop at Mere.
- 3) A shorter half-day walk of 6 or 7 miles.
- 4) Or pass the day independently at Stourhead.

The pick-up point at the end of the day will be Stourhead at 4.30.

Early booking advisable: the event will be cancelled if there are insufficient bookings.

Present committee

Committee Role	Name	Contact details
Chairman	Vacant	
Secretary	John Catchlove	02380553883 john.catchlove@btinternet.com
Treasurer	Duncan Fisher	02380634256 dfisher09@gmail.com
Membership	Mark Welford	sotoramb.walks@hotmail.com 07950 984046
Footpath Officer	Mark Hamilton-Peach	footpath.sotonramblers@gmail.com
Programme Coordinator	Alan Farmer	alan.sotonra@gmail.com
Social Secretary	Kim de Courcy-Golder	kimdecgolder@gmail.com
Newsletter editor	John Rothery	02380405017 rothery32@gmail.com
Member	Trish McPherson	shewasalways221b@gmail.com
Member	Jane Baxter	

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Stourhead Coach Trip

Sunday 14th September 2025

Southampton Ramblers Group Booking Form

Pick up points: 08.15 Bitterne Bus stops outside former Sainsbury's store;
 08.30 Southampton Central Station, Blechynden Terrace;
 08.45 Totton bus stop opposite St Theresa's Church

Departure from Stourhead car park 16:30

Only £20 per person. (See conditions below). Please put name(s) in the box of your choice and your morning pick-up location. The option is for an idea of numbers only and can be changed on the day.

	Options	Name[s]	Morning Pick-Up	
1.	Walk around the Landscape Garden led by John Rothery (2 miles approx.)			
2.	All-day walk led by John C. (11 or 12 miles)			
3.	Half-day walk led by Duncan (6 or 7 miles)			
4	Be independent			

(a) I am paying by BACS £..... to Account name Southampton Ramblers, Unity Trust Bank sort code 60-83-01 a/c no. 20198921. (Include your name in the Ref field. BACS payment saves us a £0.30 per cheque handling charge).

I am emailing a copy of the booking form to kimdecgolder@gmail.com

(b) I enclose a cheque for £..... payable to "Southampton Ramblers Association" and dated 14th September 2025

Post to Kim Golder, 7 The Vineyards, North Baddesley, Southampton, SO52 9PP

Contact Name and Telephone no.

Email or home address.....

*** Conditions. Booking essential, early booking advisable: the event will be cancelled if there are insufficient bookings.** In the event of cancellation, due to lack of support, cheques will be destroyed / BACS payments returned. There will be no refunds for non-attendance. **Bookings close 7th September 2025 but please respond asap.**

Southampton Ramblers will endeavour to run the trip as advertised, but circumstances or emergencies may arise on walks which dictate changes. You must be prepared to accept such changes. Under 18's must be accompanied by a responsible adult.

I accept the conditions of the above booking.

Name **Date**

Walking tour of Southampton vaults & walls
6.30pm on Thursday 7th August 2025
Southampton Ramblers Group Booking Form

Kim will lead a walking tour of the Southampton vaults & walls. The start point will be in St Michael's Square. The cost will be £10. Because of the limited space inside the vaults, there will be a limit on the number of participants and, sadly, the tour is not suitable for those unable to negotiate steep steps and circular staircases. Please give your name and contact details on this form.

Name(s).....

Payment option (BACS payment is preferred)

(a) I am paying by BACS £..... to Unity Trust Bank sort code 60-83-01 a/c no. 20198921
(Include your name in the Ref field BACS payment saves us a £0.30 per cheque handling charge)

(b) I enclose a cheque for £..... payable to "Southampton Ramblers Association" and dated 7th August 2025

Names

Email address

.....

IF NO EMAIL Contact Telephone no. (Landline or mobile.)

Please send the completed form and payment to Kim DeCourcy-Golder, 7 The Vineyards, North Baddesley, Southampton SO52 9PP. **Completed cheques and forms need to be received by Kim by Friday 1 August Please do not send cash.** Enquiries to Kim on 07717 852997 or kimdecgolder@gmail.com

You will not hear from Kim unless you have been unsuccessful, but please provide email address or telephone contact number in case it is necessary to contact you.

Conditions: In the event of cancellation due to insufficient support, cheques will be destroyed.