

SUNDAY HANCOCK COACH

Walks Sheet for Sunday 24th March 2024

KESWICK via Bassenthwaite and Whinlater – 6.00pm return

Maps OL4, 5

Please observe the following for safety reasons:

Please stay behind or in sight of the leader throughout the walk.

Please make sure you are suitably dressed and equipped for conditions.

<u>Walks leaders</u> A minimum of 3 people are required on any walk (inc. leader)

Walks etiquette: Please walk in single file on any road sections.

Please remember and observe the country code

D r o p	LEADERS	GRADE	WALK ROUTES subject to change due to weather/conditions
1		9.5 miles 3,400 ft as- cents Strenuous	NY234306 High Side; NY236310; Ling How; The Edge; Ullock Pike; Carl Side; Skiddaw Man; Little Man; Jenkin Hill; Whit Beck; Latrigg VP; Keswick Sub zero temperatures expected on tops
1		8.5 Miles 1600ft as- cents Moder- ate	NY 234 306 High Side-Highfield Wood-St Bega's Church-Mire House-Long Doors-Dodd summit- Long Doors-Lizzick Wood-Applethwaite-Briar Rigg-Keswick
2	Sue Patterson	6.5 miles Easy	NY 235 282 Dodd Wood bus stop Mirehouse and St Bega's church - Dodd Wood - Dancing Gate - Applethwaite - Ormathwaite - Briar Rigg - Keswick
2	Mark Nugent	8.5 miles 800 ft ascent Leisurely	Millbeck, Applethwaite. Latrigg, Brubndle- holme, Railway walk, Keswick
3	Christine Jackson & David Medd	8.5 mls 1110 ft Leisurely	NY253258 A591 Bus stop; Millbeck Farm; Applethwaite; Ormathwaite Hall; Cumbria Way; Latrigg Summit; Brundholme; Railway Path; Fitz Parks; Keswick
4	Gordon Lumsden	8 Miles Flat Easy	Start Portinscale road end then anti clockwise round the lake - 8 miles flat and no rush

PLEASE NOTE: WALKS ARE GRADED AS FOLLOWS:

EASY ---- Up to 7 miles with up to 500 feet of climbing - slow pace **LEISURELY** 6 to 10 miles with up to 1,000 feet of climbing - leisurely pace **MODERATE** 8 to 13 miles with up to 2,000 feet of climbing - steady pace **STRENUOUS** Over 13 miles or over 2,000 feet of climbing - brisk pace

Future Destinations Please note – return times are later from March onwards

Sun 31st Mar - **Kirk Yetholm** via Wooler 6.00pm return

Sun 7th Apr - **Hutton le Hole** via Farndale 6.00pm return

Sun 14th Apr - **Pooley Bridge** via Dockray 6.00pm return