



Sunday Hancock Coach

WALKS FOR 5th April 2026

Helmsley via Sutton bank

MAP OL26

Pick up point: Hancock Lay-by NE2 4PT – 9.30am Start.

Contact: Sue Patterson:- 07725482008

Stop	Leader	Grade & detail (*)	Route details
1	Brian Kram	14.6 miles Strenuous	SE517831 Sutton Bank Visitor Centre - White Mare Crag - Boltby Scar - High Paradise Farm – Noddle End – Peak Scar Wood - Barnclose Farm - Rievaulx - Whinney Bank - Helmsley 1600t of ascents
1	John Gibson	10.4 miles Moderate	SE517831 Sutton Bank Visitor Centre - Roulston Scar - Kilburn White Horse - Hambleton - Cold Kirby - Low Field Lane - Hagg Hall - Rievaulx Bridge - Whinny Bank - Helmsley 600ft of ascents
1	Sue Patterson	9 miles Leisurely	SE517831 Sutton Bank Visitor Centre - Sutton Brow - Dialstone Farm - Cold Kirby - Flassen Dale - Bridge Road - Rievaulx Bridge - Griff Lodge - Helmsley 450ft of ascents
2	Christine Jackson	7.5 miles Easy	SE524830 Pull-in on A170 - Hambleton House - Cold Kirby - Cleveland Way to Helmsley

(*) – see over for further information on what this means.

DEPARTURE –6pm

Future walks and coach routes

Apr 12, 2026	Beadnell via Bamburgh (5.30pm finish)	EX340
Apr 19, 2026	Appleby via Dufton	OL19
Apr 26, 2026	Hampsthwaithe via Burnt Yates	EX297

Continued over page

EMERGENCIES: Sue Patterson 07725482008

Pub – Various

GRADE AND PACE OF A WALK

The GRADE of a walk (in accordance with Ramblers Association guidelines) is as follows:

EASY	Up to 7 Miles/12km	Up to 300 feet (100 metres) of ascent
LEISURELY	7-10 Miles/12-16km	Up to 1000 feet (300 metres) of ascent
MODERATE	10-13 Miles/16-20km	Up to 2000 feet (600 metres) of ascent
STRENUOUS	More than 13 Miles/ 20km	Or over 2000 feet /600m of ascent

The PACE of a walk will be determined by the Walk Leader and is stated on the walks sheet:

STEADY	Up to 2.6 miles per hour actual walking speed
BRISK	Up to 3.0 miles per hour actual walking speed
FAST	Over 3.0 miles per hour actual walking speed

All our walks involve walking on 'natural ground, i.e. off pavement or prepared path. Any walk that is likely to encounter particularly ROUGH GROUND will be identified as such.

**WELCOME TO ANY NEW WALKERS, PLEASE
MAKE YOURSELF KNOWN TO YOUR
CHOSEN LEADER**