

WALKS FOR SUNDAY 28th September 2025

SEDBERGH via KIRKBY STEPHEN

**You are expected to stay with the leader at all times. Observe the Country Code
Leaders plan walks carefully, but you are ultimately responsible for your own Health & Safety.**

PLEASE REMEMBER TO FASTEN YOUR SEATBELT

ANDRE CRYER 1st stop	9 miles Fairly Moderate	A683 LOW SPRINTGILL (724994) - NARTHWAITE - FAWCETT BANK - STRAIGHT BRIDGE - NEW BRIDGE - BIRKS HOUSE - SEDBERGH
ADRIAN WADE 2nd stop	9 miles Moderate	CROSS KEYS (698969) - CAUTLEY SPOUT - BUSH HOWE - FELL HEAD - RETRACE STEPS TO THE CALF - BRAM RIGG TOP - CALDERS - DALES HIGHWAY TO SEDBERGH
ANDREW WHITE 2nd stop	8.5 miles Easy Moderate	CROSS KEYS (698989) - CAUTLEY BECK - CROOK HOLME - THURSGILL - FAIRFIELD MILL - MILLTHROP - BIRKS - SEDBERGH
BOB COPELAND 3rd stop	5.5 miles Easy	SEDBERGH (COFFEE) - BIRKS - MILLTHROP - BANK COTTAGE FARM - HERITAGE CENTRE - STRAIGHT BRIDGE - RIVERSIDE - SEDBERGH

WELCOME TO ALL OUR NEW MEMBERS

**PLEASE MAKE YOURSELF KNOWN TO THE COACH ORGANISER, THE LEADER OF THE WALK YOU
CHOOSE TO JOIN AND TO FELLOW MEMBERS SITTING AROUND YOU ON THE COACH**

PLEASE MAKE YOUR WAY TO THE COACHES 5 MINUTES BEFORE THEY ARE DUE TO LEAVE

COACHES WILL LEAVE SEDBERGH at 6:00pm PROMPT