

## WALKS FOR SUNDAY 28th September 2025

### SEDBERGH via KIRKBY STEPHEN

You are expected to stay with the leader at all times. Observe the Country Code  
Leaders plan walks carefully, but you are ultimately responsible for your own Health & Safety.

**PLEASE REMEMBER TO FASTEN YOUR SEATBELT**

ANDRE CRYER 1st stop	9 miles Fairly Moderate	A683 LOW SPRINTGILL (724994) - NARTHWAITE - FAWCETT BANK - STRAIGHT BRIDGE - NEW BRIDGE - BIRKS HOUSE - SEDBERGH
ADRIAN WADE 2nd stop	9 miles Moderate	CROSS KEYS (698969) - CAUTLEY SPOUT - BUSH HOWE - FELL HEAD - RETRACE STEPS TO THE CALF - BRAM RIGG TOP - CALDERS - DALES HIGHWAY TO SEDBERGH
ANDREW WHITE 2nd stop	8.5 miles Easy Moderate	CROSS KEYS (698989) - CAUTLEY BECK - CROOK HOLME - THURSGILL - FAIRFIELD MILL - MILLTHROP - BIRKS - SEDBERGH
BOB COPELAND 3rd stop	5.5 miles Easy	SEDBERGH (COFFEE) - BIRKS - MILLTHROP - BANK COTTAGE FARM - HERITAGE CENTRE - STRAIGHT BRIDGE - RIVERSIDE - SEDBERGH

### WELCOME TO ALL OUR NEW MEMBERS

PLEASE MAKE YOURSELF KNOWN TO THE COACH ORGANISER, THE LEADER OF THE WALK YOU  
CHOOSE TO JOIN AND TO FELLOW MEMBERS SITTING AROUND YOU ON THE COACH

PLEASE MAKE YOUR WAY TO THE COACHES 5 MINUTES BEFORE THEY ARE DUE TO LEAVE

COACHES WILL LEAVE SEDBERGH at **6:00pm PROMPT**