

### **SUNDAY ST JAMES 9:30am start**

# **WALKS FOR SUNDAY 14th September 2025**

#### AMBLESIDE via GLENRIDDING

You are expected to stay with the leader at all times. Observe the Country Code Leaders plan walks carefully, but you are ultimately responsible for your own Health & Safety.

## PLEASE REMEMBER TO FASTEN YOUR SEATBELT

PETER BYRNE	12.5 miles	HARTSOP (405132) – THORNTHWAITE CRAG – FOSWICK –
1st stop	Strenuous	ILL BELL – GARBURN NOOK – CHURCH BRIDGE –
		ROBIN LANE – WATERHEAD – AMBLESIDE
		*** 3200FT OF ASCENT ***
SUSAN HOLMES	7.5 miles	SYKESIDE(403118) - CAUDALE BRIDGE - CAISTON GLEN -
2nd stop	Moderate	RED SCREES - SCANDALE PASS - HIGH SWEDEN BRIDGE –
		KENNELS - AMBLESIDE
		*** 2075FT OD ASCENT ***
MARK NUGENT	7 miles	SYKESIDE (403118) (COFFE ??) - CAISTON GLEN - SCANDALE
2nd stop	Fairly Moderate	PASS - SCANDALE BOTTOM -
		STOCKGHYLL FORCE WATER FALL - AMBLESIDE
		*** 1100FT OF ASCENT ***
KRIS MORALEE	9.3 miles	KIRKSTONE PASS (401080) - RED SCREES - DOVE CRAG - HART CRAG – FAIRFIELD - GREAT RIGG - HERON PIKE -
3rd stop	Strong Moderate	
		LORD CRAG - HART HEAD FARM - RYDAL PARK – AMBLESIDE
		*** 2300FT OF ASCENT ***
BOB COPELAND 4th stop	5 miles	A592 TROUTBECK CHURCH (NY413 028) - TROUTBECK PO -
	Easy	ROBINS LANE - WATERHEAD - AMBLESIDE COACH PARK.
		*** Not to be out done - 500FT OF ASCENT ***

#### **WELCOME TO ALL OUR NEW MEMBERS**

PLEASE MAKE YOURSELF KNOWN TO THE COACH ORGANISER, THE LEADER OF THE WALK YOU CHOOSE TO JOIN AND TO FELLOW MEMBERS SITTING AROUND YOU ON THE C-OACH

PLEASE MAKE YOUR WAY TO THE COACHES 5 MINUTES BEFORE THEY ARE DUE TO LEAVE

COACHES WILL LEAVE AMBLESIDE at 6:30pm PROMPT